

**INTERNATIONAL JOURNAL OF ADVANCES IN
PHARMACY, BIOLOGY AND CHEMISTRY**

Research Article

**Combined use of t-PSA and other PSA related
parameters in differential diagnosis of BPH and
Prostate Carcinoma**

**Amel A. Hashim ^{1*}, Omar EL-Ahmady ², Ismail Kalaf ³ and
Zeinab A. Hassen ¹.**

¹ Biochemistry & Molecular Biology Dept., Faculty of Pharmacy,
Helwan University, Egypt.

² Biochemistry Dept., Faculty of Pharmacy, Ain-Shams University, Egypt.

³ Urology Dept., Faculty of Medicine, Al-Aazhar University, Egypt.

e-mail: dr.hashim@helwan.edu.eg, weiss_rosa@yahoo.com

ABSTRACT

Objectives: Cancer is the second common cause of deaths after CHD, all over the world. The rate of prostate cancer has increased in the last decades. Prostate cancer is usually discovered in advanced metastasizing state, which in many cases difficult to treat.

Aim of work: Is to clarify the clinical significance of combined use of TPA and PSA related parameters with t-PSA, in the early and differential diagnosis carcinoma and BPH.

Patients and Methods: The study included 88 subjects; BPH, carcinoma and controls. TPA, t-PSA and f- PSA were measures using ELIZA technique and % f-PSA was estimated.

Results: mean age statistically correlated with CaP and BPH. t-PSA and f-PSA showed significant variation between CaP and BPH. Precision of t-PSA is enhanced by age-specific reference ranges. Sensitivity of t-PSA was increased when combined to TPA or PSA ratio but on the expense of specificity. t-PSA was the most sensitive, f-PSA was the most specific, and PSA ratio at 0.1 cut-off was the most accurate among all.

Conclusion: combination of any of the PSA related parameters (PSA-age specific reference ranges; f-PSA; % f-PSA) or TPA to t-PSA will enhance the later discriminative ability and PPV, but on the expense of specificity. Moreover, Age specific-PSA reflex ranges could be useful in differential diagnosis after standardizing and validating in large-scale prospective clinical studies.

Key Words: CaP, BPH, t-PSA, % f-PSA, TPA.

1. INTRODUCTION

Cancer constitutes an enormous burden on society in more and less economically developed countries alike. The occurrence of cancer is increasing because of the growth and aging of the population, as well as an increasing prevalence of established risk factors such as smoking, overweight, physical inactivity, and changing reproductive patterns associated with urbanization and economic development. About 14.1 million new cancer cases and 8.2 million deaths occurred in 2012 worldwide ^{1,2}. Prostate Carcinoma "CaP" is the second

cause of cancer deaths in men all over the world ³. Also Benign Prostatic Hyperplasia "BPH" is the most common benign tumor in men, resulting in annoying urinary problems in the majority of men older than 50 years. BPH would be of no importance if it were not for the consequent bladder outlet obstruction ⁴. On the other hand patients with prostatic enlargement may constitute a high risk for CaP ⁵.

The most frequent cancers in Egypt estimated using the results of the National Population-Based Registry

Program of Egypt 2008–2011; found that CaP ranking was the 6th (4.27%) in frequency among male tumors, and as the elderly population continues to expand, it is likely that scope of this problem will continue to increase, with an estimated increased up to 3398 cases by year 2020⁶.

Prostate-specific Antigen “PSA” is a kallikrein-like serine protease⁷, involved in the liquefaction of seminal coagulum upon ejaculation, first discovered by WANG et al.⁸. It is an organ specific marker, secreted primarily by prostatic epithelial cells^{9, 10}. PSA exists in circulation as 70-90% complexed to antichymotrypsin “one of the extracellular protease inhibitors”¹¹, the uncomplexed form “f-PSA” is less in carcinoma than that of BPH, which gives a clue to the importance of free to total PSA ratio in the enhancement of PSA sensitivity and specificity¹².

In 1993, the American Cancer Society recommended the use of PSA for early diagnosis of prostatic carcinoma. In fact, PSA has become one of the major tumor markers as it provides a very sensitive index, being increased in over 90% of cases when first diagnosed, and now it has well established monitoring values.

In 1980, Björklund isolated tissue polypeptide antigen “TPA” from epithelia of human placenta and cancer tissue, identified as unique polydispersed heterogeneous unconjugated polypeptide protein, intermediate filaments, identified by antibodies that react with Cytokeratins¹³, released into circulation with normal and malignant epithelial turn over or tumor necrosis, Therefore, considered as cell proliferation marker¹⁴. Serum TPA is elevated in pregnancy, some inflammatory diseases but with much lesser levels than cancers and usually return to normal levels much quicker¹⁵. Until now TPA is used with other specific markers for differentiation between tumors¹⁶.

Aim of this study was to clarify the role of % f-PSA in the improvement of both sensitivity and specificity of t-PSA, and effect of combined with TPA in the differential diagnosis of prostate carcinoma and BPH.

2. SUBJECTS AND METHODS

2.1. Subjects:

This study included 132 consecutive patients who presented themselves to the in/ out patient urology clinics of El-Hussein and Saied Galal educational hospitals, for the evaluation of prostatic diseases or complaining from urinary dysfunction not attributed to other causes. All subjects gave an informed written consent for participation, and the study was approved by the ethics committee of clinical oncology department, Al-Azhar university hospitals.

Patients were not pre-selected for this study and referral to the clinic was solely on suspicion of CaP or BPH, as indicated. The investigator was unaware of the previous clinical history until after sampling to prevent bias. Prostate was assessed in all cases by DRE, TRUS, and/or histologically either by TRUS guided needle biopsy, radical prostatectomy, transurethral resection

or open prostatectomy in order to build a complete clinical picture for each patient. Histopathology was carried out according to the WHO classification, grading and TNM system was used for staging¹⁷.

Only patients who had no previous prostatic manipulation or catheter indwelling for at least one month were included. Cases that matched the specification for this study including the control group were 88 patients. Patients were subdivided into BPH and CaP groups. Volunteers, according to their recent clinical data available; suffering no prostatic diseases and away from any factor that influence the studied markers, were included as control subjects.

2.2. Specimens' collection, handling and storage:

Before any prostatic manipulation blood samples from all the studied groups were freshly withdrawn by venipuncture, incubated in decline tubes at room temperature (using Centrifuge Type: Z 200 A, SN: 44970371, 6000 rpm, 50– 60 Hz., 1997 – Germany). Serum was aspirated then divided into four aliquots. Samples were obtained and processed within one hour and immediately frozen¹⁸ at –70 °C until time for analysis. These storage conditions were proven to be sufficient to prevent deterioration of investigated parameters¹⁹.

2.3. Investigated parameters:

After one cycle of slowly thawing, serum was left to reach room temperature, thoroughly mixed (using Vortex Cat. No.: SA 6, SN: 6004, 50 Hz., Great Britain.), then used for:

1. Quantitative determination of TPA using IdeaLTM Monoclonal TPACyk ELISA kit (Cat. No. 30, Sweden)²⁰.
2. Quantitative determination of t-PSA using CanAg PSA EIA kit (CanAg Diagnostics Prod. No. 300-10, Sweden) according to the manufacturer's instructions.
3. Quantitative determination of f-PSA using CanAg Free PSA EIA kit (CanAg Diagnostics Prod. No. 330-10, Sweden) according to the manufacturer's instructions.
4. Calculation of f/ t-PSA ratio.

2.4. Statistical analysis

Statistics were calculated for the entire study cohort, using GraphPad Instat tm V2.04. Appropriate graphs were plotted when needed using Prism V4.03. Diagnostic accuracy was calculated according to Reed et al.²¹.

3. RESULTS

3.1. Clinical and demographic profile of the studied groups

As shown in table-1: The study included 88 patients with age range 45-88 years. 55 were BPH patients: 12.73% had a history of TURP, 3.6% have had prostatectomy long ago. 26 were CaP patients: 15.38%

were had distant metastasis, 7.69% had a history of TURP, 3.85% were combined with BPH. The two groups were compared with 7 healthy controls.

In the present study mean age statistically correlated with high significance to incidence of CaP (70.02 ± 1.6) and BPH (63.13 ± 1.2) compared to control (56.00 ± 2.2) at $p < 0.01$, using Tukey-Kramer Multiple), which indicate higher prevalence of cancer with age.

3.2. Descriptive analyses

3.2.1. Investigated serum markers:

As shown in table-2: TPA was elevated in all patients compared to controls despite it was lower than its established cutoff value (70 U/L). t-PSA and f-PSA was elevated in all patients with statistically significant difference between BPH and CaP at $p < 0.01$ and $p < 0.05$ respectively (using Kruskal-Wallis non-parametric ANOVA). TPA and f/t-PSA ratio of CaP showed no significant variation neither from control nor BPH.

3.2.2. Age-specific reference range of t-PSA:

Distribution of t-PSA according to age-specific reference ranges established by Oesterling et al.²¹ is demonstrated in table-3. It was clear that precision of t-PSA is enhanced by age-specific reference ranges, which is statistically significant at $p < 0.01$, using Chi-square test.

3.3. Correlation studies

Linear regression is shown in table-4 and Fig-1: There was no significant correlation between age and any of the investigated parameters. TPA showed a direct but weak correlation with both t- and f-PSA ($r = 0.2383$ and 0.2231 respectively at $p < 0.05$). f-PSA showed directly moderate correlation with f/t-PSA ratio, and directly strong correlation with t-PSA ($r = 0.3916$ and 0.8921 at $p < 0.001$ and $p < 0.0001$ respectively).

3.4. Diagnostic accuracy

A comparison of the effectiveness of the investigated markers and f/t-PSA (at different cutoffs) in differential diagnosis between BPH and CaP was carried out by calculating the five diagnostic accuracy indices: Accuracy, sensitivity, specificity, positive predictive value, and negative predictive value. Best accuracy as attained by f/t-PSA ratio at 0.1 cutoff value then f-PSA, as shown in table-5.

3.5. Combined sensitivity

Table-6 shows the t-PSA sensitivity when combined to the investigated markers. Sensitivity of t-PSA was increased when combined to TPA or PSA ratio (cut off 0.1, 0.15, 0.22, and 0.25) but on the expense of specificity (using chi-square test). Sensitivity of t-PSA was not enhanced when combined to f-PSA.

4. DISCUSSION

Although BPH would be of no importance if it were not for the consequent bladder outlet obstruction⁴, it may constitute a high risk for CaP⁵. According to the last

National Population-Based Registry Program of Egypt 2008–2011; CaP ranked the 6th (4.27%) in frequency among male tumor, and as the elderly population continues to expand, it is likely that scope of this problem will continue to increase, with an estimated increased up to 3398 cases by year 2020⁵.

Unfortunately, the majority of CaP has spread beyond the gland when first diagnosed using the conventional detection method, DRE. Prognosis is poor and treatment options are limited to palliative therapy with late stage disease. The most promising alternative for improving the prognosis of patients with CaP is to enhance early detection of organ confined CaP in younger men, and to enhance the differential diagnosis of CaP from BPH²³. In this study we sought to clarify the impact of combined use of f/t-PSA ratio and TPA on the improvement of t-PSA accuracy, in addition to their role in the differential diagnosis between CaP and BPH.

4.1. Investigated markers

4.1.1. PSA

PSA has become one of the famous tumor markers, being increased in over 90% of cases when first diagnosed, although it typically lacks sensitivity and specificity desired of a diagnostic marker²⁴, but still clinically the most useful marker available for diagnosis and management of CaP. PSA level is the best diagnostic method for the early detection of CaP when compared to DRE at a detection rate of 2.2-2.5% versus 1.3-1.7%²⁵.

PSA not only a diagnostic tool but helps in the prediction of pathological and histology of the tumor when combined with other staging systems and also used in monitoring and evaluation of therapy. Follow up of patients after radical prostatectomy can consist solely of monitoring for the reappearance of detectable serum PSA due to its unique organ specificity²⁶.

The American Urological Association and the American Cancer Society recommend PSA and DRE from age 50 years in general population, also high-risk populations (mainly African-Americans and men with a positive family history) start screening at the age 40, in contrast the U.S NCI didn't.

In the present study t-PSA of control didn't exceed the well established cut-off, in agreement with previous studies²⁷. It was significantly elevated in both CaP and BPH, without a clear discriminative borderline. That is attributed to that PSA is an epithelial cell marker rather than a CaP marker, therefore, other proliferative processes, *i.e.*, inflammatory and benign transformations, are also able to induce such cell alterations and affect PSA levels²⁸. In addition 38% to 48% of patients (with organ confined CaP) have normal PSA values. Molecular forms of PSA have demonstrated potential benefits in distinguishing BPH from CaP²⁹.

4.1.2. f-PSA and % f/t-PSA ratio

Since there is a substantial overlap in total PSA levels between men with BPH and those with CaP, recently

the measurement of the %f-PSA ratio has been introduced as a useful clinical tool for early detection of clinically localized CaP³⁰.

It is presently unclear why f-PSA is less in CaP than BPH. Partin and Carter have speculated that this difference might be due to the mechanisms that prostatic cells use to prevent the escape of PSA from the ductal system into the blood stream³¹.

In the contrary, our results showed that serum level of f-PSA was clearly elevated in CaP with a discriminative ability from that of BPH, taking in consideration that the mean value of BPH was within the established cut-off.

The existing study demonstrated f/t-PSA ratio had no significant difference from that of control, contradicting Stamey et al. who reported clinical significance of % f-PSA in the t-PSA values between 4.0-10.0 ng/ml, where the differential diagnosis of CaP is most difficult³². These findings were confirmed by Christensson et al. (1993), who demonstrated that %f-PSA, is lower in patients with CaP than BPH, and is a more sensitive means of discriminating between these two conditions³³. In line, Partin et al. (1996) demonstrated that a patient with a low %f-PSA (less than 10%) had a higher probability of cancer (63±9%) than patients with a high %f-PSA less than 26% (2±3%)³⁴.

Discussing the suitable cut-off of PSA ratio; Luderer et al. reported that 0.15 could differentiate between BPH and CaP at t-PSA within 4.1-10 ng/ml ($p < 0.0001$)³⁵. Partin and Carter demonstrated that using a cutoff of 20% f/t-PSA, maintained a sensitivity greater than 95% for detecting cancer while eliminating 29% of the unnecessary biopsies for men with serum PSA levels between 4-10 ng/ml³¹.

In the intermediate t-PSA range of 4.0-10.0 ng/ml the f/t-PSA ratio improves the specificity of total serum PSA significantly. A cutoff level of 0.20 or less combined with a positive DRE as indicators for biopsy decreases the number of biopsies in that range by 38%, while maintaining the level of sensitivity at 88%³⁶.

Patients with a %f-PSA cut point of 0.25 could detect at least 95% of CaP and decrease 26.9% of negative biopsies in the grey zone³⁷.

%f-PSA may be used for diagnosis and staging of prostate cancer. When used for diagnosis, patients with greater than 25% f-PSA need not undergo biopsy unless family or medical history suggests otherwise. This approach would detect 95% of cancers and spare 20% of men with benign disease from biopsy. The missed cancers with high %f-PSA are more likely to be in older men and are primarily organ confined, small tumors with low Gleason sums. With annual screening it would be possible to monitor patients, with increasing PSA levels or decreasing %f-PSA, to detect what tend to be less advanced tumors³⁸.

Chronic prostatitis is not characterized by elevated t-PSA concentrations alone but also by a decreased %f/t-PSA, a tendency similar to that in CaP. This unspecific change in percentage of free PSA must be considered to interpret the f/t-PSA correctly³⁹.

4.1.2. TPA

Patients with malignancies and normal TPA serum levels fare better than those for whom TPA is elevated. It has been shown to be the most reliable prognostic marker in single-test estimates as well as in a multivariate life analysis ($p < 0.01$) in men with CaP when compared with PAP, ESR, patient age, tumor grade, and presence or absence of skeletal metastases⁴⁰. The present study investigated TPA role in differential diagnosis of prostate tumors. Serum levels of TPA, was elevated in both of BPH and CaP with no discriminative ability, proportional only to tumor size.

4.2. Impact of Age

Age is one of the risk factors for cancer⁴¹. A positive family history in addition to race and age are among the strongest known risk factors for CaP⁴². In the present study age was significantly correlated to incidence of CaP and BPH, in accordance with Wang and Shen⁴³.

4.2.1. Age-specific reference range of t-PSA:

To improve the diagnostic usefulness of serum PSA, attempts have been made to streamline its ranges by adjusting with dependable variables such as: prostate size (*i.e.*, PSA-density), increase over time (*i.e.* PSA-velocity) and patient age^{22,29}.

The concept of age-specific reference ranges was introduced by Oesterling and coworkers in 1993 as a modality by which the sensitivity and specificity of PSA test could be improved²²; based on the fact that serum PSA concentration positively correlates with age, with a higher proportion of men found to have PSA level above the standard reference range (0-4 ng/ml) as their ages increase⁴³. This increase is due to gland enlargement as well as other factors intrinsic to aging of prostate, such as leaky physiologic barriers²⁴, clinical or subclinical prostatitis, prostatic ischemia, etc⁴⁵.

In the present study, distribution of t-PSA according to age-specific reference ranges established by Oesterling et al.²² had statistically significant discriminative ability between BPH and CaP. In line with Arcangeli et al. who reported that these ranges will increase cancer detection in younger men (in whom early detection and cure are most desirable) and minimize detection of possibly insignificant tumors in older men who are less likely to benefit from treatment⁴⁶. On the contrary, Babaian et al. reported that clinically volume referenced PSA is comparable to PSA, and both are superior to age referenced PSA and PSA density in the detection of prostate cancer⁴⁷. In line, many other researches opposed according to age-specific reference ranges of t-PSA^{22,48}.

In men with total PSA values between 2.5-20.0 ng/ml, the f/t-PSA significantly differentiated between benign and malignant histologic states. Log linear modeling indicated distinct differences in the risk for cancer as a function of f/t-PSA, t-PSA, and age. The highest probability for cancer was observed in men over 70 years old who had f/t-PSA less than 7% and t-PSA 10.0 ng/ml⁴⁹.

4.3. Correlation studies

In the present study, t-PSA showed a statistically significant correlation with TPA and f-PSA. While f-PSA correlated with TPA and PSA ratio. None of the used markers showed significant correlation with age in the contrary to Oesterling et al.²².

In the contrary, Partin et al. demonstrated that %f-PSA increase with increase age and decrease in t-PSA. Although the correlation was weak ($r = -0.21$, $p = 0.01$), it resulted in a 95% sensitivity ($\pm 5\%$, 95% confidence interval) cut-point of 22% in men with PSA between 4 and 6 ng/ml and 20% in men with PSA between 6 and 10 ng/ml. Caution must be used in interpreting data <4 ng/ml and more than 10 ng/ml³⁴.

In contrast, a direct correlation of PSA ratio with patient age was reported. Conversely when including younger men in the study cohort they also demonstrated a direct, negative correlation²³.

Partin and Carter concluded from their study that age correlated directly with f-PSA ($r = 0.45$) and t-PSA ($r = 0.45$). The correlation between age and PSA ratio was linear and no age-specific cut-off ranges was demonstrated³¹.

4.4. Diagnostic accuracy of investigated markers

A comparison of the effectiveness of TPA, t-PSA, f-PSA, PSA ratio for detecting CaP was carried out by calculating the four diagnostic accuracy indices, revealing that; t-PSA is the most sensitive, f-PSA is the most specific, and PSA ratio at 0.1 cut-off is the most accurate among all. It was clear that as the cut-off increases the discriminative property of ratio PSA decreases.

Recent studies by Catalona et al. have confirmed the earlier observations suggesting that % cut-off values ranging between 0.17-0.25 (0.23) could maintain a sensitivity greater than 90% while decreasing the number of unnecessary biopsies 25- 40% among men with serum PSA levels between 4-10 ng/ml with a more than 40cm³ prostate volume^{11, 33, 50}.

Wolff et al. reported that a threshold value for f/t-PSA of 14% was chosen, as it showed the highest sum of sensitivity and specificity, this gave a sensitivity of 84%, a specificity of 80%, a PPV of 78%, and NPV of 85% and wt. accuracy of 82%⁵¹. Recker et al. reported that by the use of different cut-off values for %f-PSA the following detection rate (sensitivity) for both of CaP/BPH respectively was: at cut-off value of 0.15 was 67.4/ 20%, at 0.1 was 38.78/ 4.4%, at 0.2 was 81.07/ 38.9%, and at 0.25 was 89.27/ 58.9%. Taking in consideration, although the sensitivity is decreased by decreasing the cut-off, the specificity is increased⁵².

4.5. Combined sensitivity

The different PSA molecular forms have withdrawn a global attention, in attempt to increase the specificity and the sensitivity of PSA testing^{23, 29}. In our study the combined use of f-PSA with t-PSA, didn't affect

sensitivity or specificity, while combination with TPA or PSA ratio increased sensitivity of t-PSA on the expense of specificity.

In the contrary, it was reported that since the %f-PSA an increase in specificity from 55% to 73% without compromising sensitivity, however, these studies were limited by small numbers of patients who had a wide range of PSA values³³. Partin et al. demonstrated that the use of %f-PSA increased PSA specificity and resulted in a 95% sensitivity ($\pm 5\%$, 95% confidence interval) cut-point of 0.22 in men with PSA between 4 and 6 ng/ml and 20% in men with PSA between 6 and 10 ng/ml³⁴.

The use of f/t-PSA ratio enhances the specificity of PSA in distinguishing benign from malignant prostatic lesions. However, that ratio provides no additional diagnostic information with respect to pathological tumor stage, volume or grade than t-PSA only⁵³.

5. CONCLUSION

PSA is by no means the best, but until now it is the most reliable tumor marker available for the detection of CaP. Still as a single marker, is the most effective in detecting CaP, and the least was TPA. Despite that a combination of any of the PSA related parameters (PSA-age specific reference ranges; f-PSA; % f-PSA) or TPA to t-PSA will enhance the later discriminative ability and PPV, but on the expense of specificity. Moreover, Age specific-PSA reflex ranges could be useful in differential diagnosis after standardizing and validating in large-scale prospective clinical studies.

6. RECOMMENDATIONS

This study recommends the use of a combination of f/t-PSA ratio for the differential diagnosis of CaP from BPH, after adjusting the cutoff values of PSA ratio.

Age specific-PSA reflex ranges could be useful in differential diagnosis after standardization and validation in large-scale prospective clinical studies.

7. ACKNOWLEDGMENT

We appreciate the support given by the laboratory staff in Professor Dr. Ali Kalifa Oncology Diagnostic Unit, Faculty of Medicine- Ain-Shams University, and the medical staff/ assistants and nurses of urology department, Al-Hussein and Saied Galal educational hospitals, Al-Azhar University.

8. DECLARATION

Work of this study was a part of master thesis of Dr. Amel Hashim, under supervision of the rest of authors. Our results were orally presented in 4th National Conference "Drug Handling in the 21st Century", Egypt.

9. CONFLICT OF INTEREST AND FUNDING

Authors declare no conflicts of interest that might bias the study.

Table 1
Clinical and Demographic Profile of the Studied Population

Parameters	Control	CaP	BPH
N^o	7	26	55
Age: (years)			
Mean ± SE	56.00 ± 2.2	70.02 ± 1.6 ***	63.13 ± 1.2 ##
Range	50 – 63	57 – 88	45 – 83
Clinical history: (N ^o)			
TURP		2	7
History of open prostatectomy		1	1
Distant metastases		4	1
Subcapsular orchiectomy		6	
TURP then radical prostatectomy		1	
History of other cancers			
Bladder cancer		2	1
Testicular cancer			
Renal cancer			1
Combined with BPH		1	
Pathological Grade: (N ^o)			
I		1	
II		5	1
III		1	2
Combined Gleason Score: (N ^o)			
(4+5)		2	
6 (3+3)		1	
5 (3+2)		2	
(3+4)		3	
(5+4)		1	
(5+6)		1	
Stage: ()			
T _{4a}		1	
T ₂₊₃		1	
T _{3a}		1	
T ₃		1	

: Total number in each group, BPH: Benign prostatic hyperplasia, CaP: Carcinoma of prostate. C: Control volunteers.***: p<0.001 when compared to control group, ##: p<0.01 when compared to CaP using Tukey-Kramer Multiple Comparisons Test. Data were approximated to the second decimal.

Table 2
Serum level of investigated markers in the studied population

Markers (cut-off)	Control	CaP	BPH
TPA: (70 U/L)			
Mean ± SE	7 35.12±7.23	25 64.34±10.02	54 56.71±7.63
Range	6.72 - 65.73	5.74 - 173.11	0.00 - 192.78
t-PSA: (4 ng/ml)			
Mean ± SE	7 1.19 ± 0.47	26 72.09± 31.55	54 4.87± 0.90 ##
Range	0.25 - 3.610	0.52 - 820.0	0.13 - 32.81
f-PSA: (1 ng/ml)			
Mean ± SE	7 0.10 ± 0.02	26 16.70 ± 8.51	55 0.83 ± 0.17 #
Range	0.03 - 0.19	0.00 - 192.5	0.00 - 6.99
f/t-PSA Ratio:			
Mean ± SE	7 0.10 ± 0.02	26 0.16 ± 0.04	54 0.17 ± 0.02
Range	0.03 - 0.19	0.00 - 0.90	0.00 - 0.62

: Total number in each group, BPH: Benign prostatic hyperplasia, CaP: Carcinoma of prostate, TPA: Tissue polypeptide antigen, t-PSA: total prostate specific antigen, f-PSA: free prostate specific antigen, f/ t-PSA ratio: ratio of free to total prostate specific antigen. #: p<0.05, ##: p<0.01 when compared to CaP using Tukey-Kramer Multiple Comparisons Test. Data were approximated to the second decimal.

Table 3
Distribution of t-PSA (ng/ml) according to Age-Specific Reference Range

Age Range (years)	t-PSA Reflex Range (ng/ml)	BPH	CaP	C
40 – 49	0.0 - 2.5	0.0	0.0	0.0
50 – 59	0.0 - 3.5	66.67	0.0	100
60 – 69	0.0 - 4.5	61.9	30.77	100
> 70	0.0 - 6.5	64.3	25	0.0

t-PSA: Total prostate specific antigen, BPH: Benign prostatic hyperplasia, CaP: Carcinoma of prostate. C: Control volunteers. All data are expressed in percentage and approximated to the second decimal. Age-specific reference ranges were calculated according to Oesterling et al. (1993). Chi-square= 8.20513 at $p < 0.01$

Table 4
Linear regression in-between investigated markers.

Tested correlation		r	p
Age vs. TPA	79	0.09023	> 0.05
Age vs. t-PSA	80	0.1801	> 0.05
Age vs. f-PSA	81	0.1553	> 0.05
Age vs. Ratio	80	0.02371	> 0.05
t-PSA vs. TPA	79	0.2383	< 0.05
t-PSA vs. f-PSA	80	0.8921	< 0.001
t-PSA vs. Ratio	79	0.1116	> 0.05
f-PSA vs. Ratio	79	0.3916	< 0.001
f-PSA vs. TPA	79	0.2231	< 0.05
TPA vs. Ratio	79	0.03756	> 0.05

: Total number of patients (BPH and CaP), r: linear regression coefficient, TPA: Tissue polypeptide antigen, t-PSA: Total prostate specific antigen, f-PSA: Free prostate specific antigen, Ratio: Free to total prostate specific antigen ratio.

Table 5
Diagnostic accuracy indices of the studied markers at their reference cut-off values in serum

Marker (cut-off)	Sn.	Sp.	PPV	NPV	A
TPA (70 U/L)	40	70.4	38.46	71.7	60.76
t-PSA (4 ng/ml)	73.08	62.96	50	85	67.5
f-PSA (1 ng/ml)	65.4	94.6	56.7	82.35	72.84
PSA Ratio					
0.1	46.2	74.1	46.15	74.1	77.5
0.15	57.7	53.7	37.5	72.5	55
0.22	80.8	31.5	36.21	77.27	47.5
0.25	84.62	22.2	34.38	75	42.5

TPA: Tissue polypeptide antigen, t-PSA: Total prostate specific antigen, f-PSA: Free prostate specific antigen, Ratio: Free to total prostate specific antigen ratio, Sn: Sensitivity, Sp: Specificity, PPV: Positive Predictive Value, NPV: Negative Predictive Value, A: Accuracy. All data are expressed in percentage.

Table 6
Combined sensitivity of the studied serum markers at their reference cut-off values

A. TPA and t-PSA:

Marker (cut-off)	True Positive	False Negative	True Negative	False Positive
TPA (70 U/L)	40	60	70.37	29.63
t-PSA (4 ng/ml)	73.08	26.92	62.96	37.04
Combined	80	24	57.41	42.59

TPA: Tissue polypeptide antigen, t-PSA: Total prostate specific antigen. : 25 patients. All data are expressed in percentage and approximated to the second decimal. Combined Sensitivity= 80 %, Chi-square = 10.58 at $p < 0.01$

B. t-PSA and f-PSA:

Marker (cut-off)	True Positive	False Negative	True Negative	False Positive
t-PSA (4 ng/ml)	73.08%	26.92%	62.96%	37.04%
f-PSA (1 ng/ml)	65.39%	34.62%	76.36%	23.64%
Combined	73.08%	26.92%	62.96%	37.04%

t-PSA: Total prostate specific antigen, f-PSA: Free prostate specific antigen. : 26 patients. All data are expressed in percentage and approximated to the second decimal. Combined Sensitivity= 73.08 %, Chi-square = 14.37 at p< 0.0001

C. t-PSA and f/t-PSA Ratio.

Marker	True Positive	False Negative	True Negative	False Positive	X ²	p
t-PSA	73.08%	26.92%	62.96%	37.04%	-	-
Ratio 0.1	46.15%	53.85%	74.07%	25.93%	-	-
Combined	84.62%	15.38%	46.30%	53.70%	9.31	< 0.01
Ratio 0.15	57.69%	42.31%	53.7%	46.3%		
Combined	88.46%	11.54%	38.89%	61.11%	4.31	< 0.05
Ratio 0.22	84.62%	15.39%	31.48%	68.52%		
Combined	100%	0.0%	20.37%	79.63%	6.14	< 0.05
Ratio 0.25	84.62%	15.39%	22.22%	77.78%		
Combined	100%	0.0%	16.67%	83.33%	4.28	< 0.05

t-PSA: Total prostate specific antigen, Ratio: Free to total prostate specific antigen ratio, Combined: combined sensitivity, x²: Chi-square. : 26 patients. Cut-off of t-PSA= 4 ng/ml. All data are expressed in percentage and approximated to the second decimal.

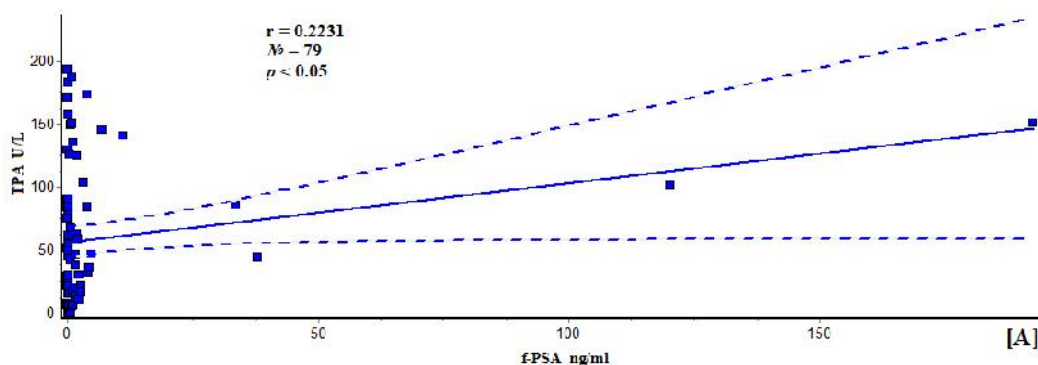


Fig. 1A

Linear regression between TPA and f-PSA

TPA: Tissue polypeptide antigen, f-PSA: Free prostate specific antigen, linear regression coefficient (r), total number of cancer patients ().

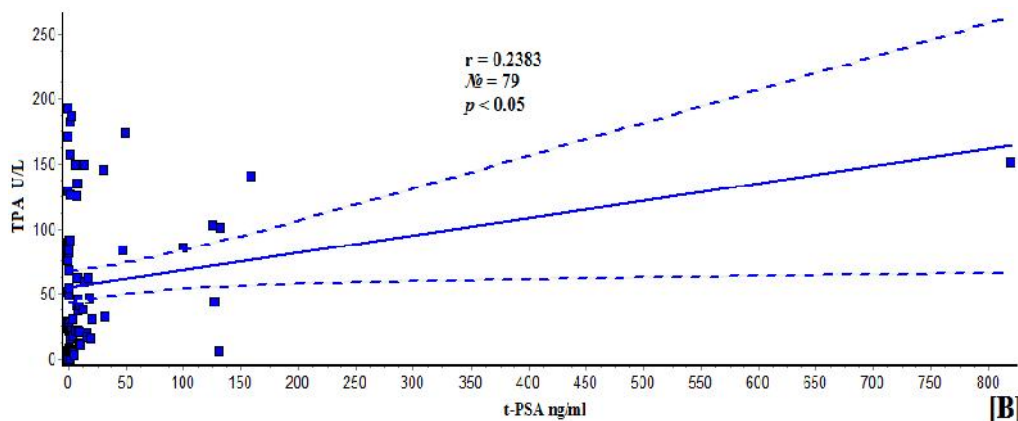


Fig. 1B

Linear regression between t-PSA and TPA

TPA: Tissue polypeptide antigen, t-PSA: Total prostate specific antigen, linear regression coefficient (r), total number of cancer patients ().

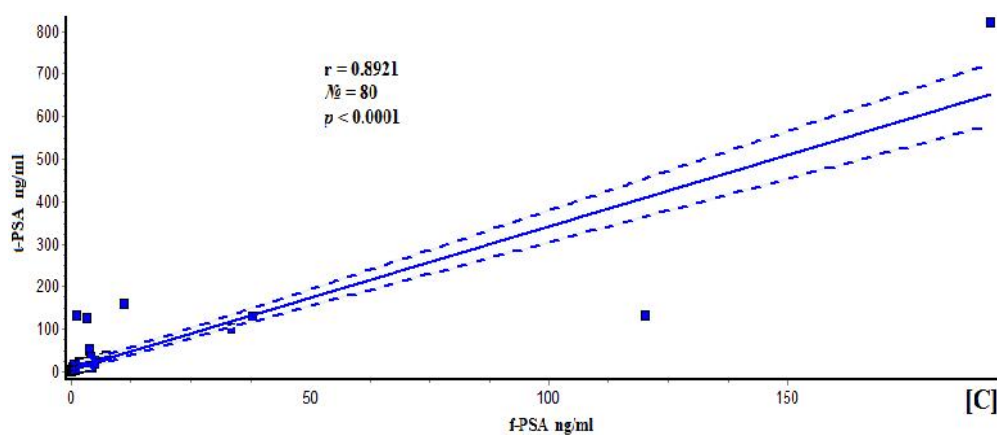


Fig. 1C

linear regression between t-PSA and f-PSA

t-PSA: Total prostate specific antigen, f-PSA: Free prostate specific antigen, linear regression coefficient (r), total number of cancer patients (N).

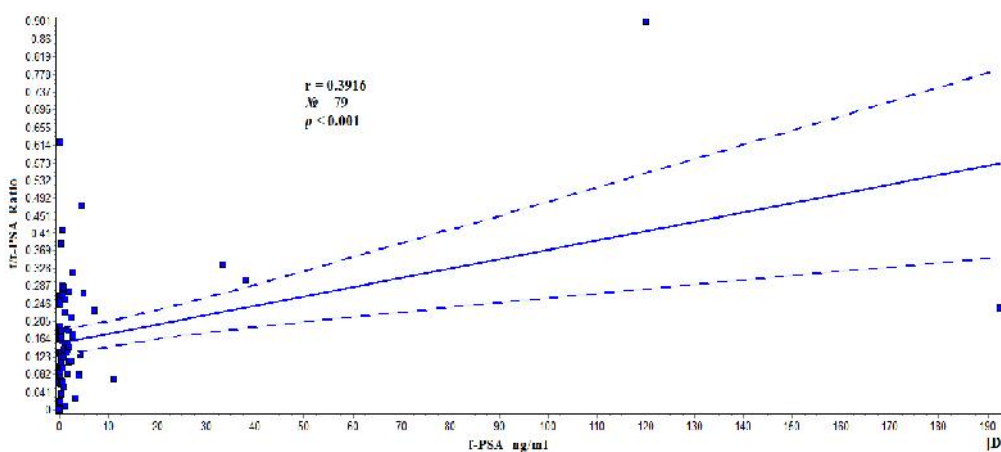


Fig. 1D

Linear regression between f-PSA and f/t-PSA ratio.

f-PSA: Free prostate specific antigen, f/t-PSA Ratio: Free to total prostate specific antigen ratio, linear regression coefficient (r), total number of cancer patients (N).

10. REFERENCES

1. Torre LA, Bray F, Siegel RL, Ferlay J, Lortet-Tieulent J, Jemal A. Global Cancer Statistics, 2012. *CA Cancer J Clin* 2012, 65(2): 87–108.
2. Hashim AA, El-Ahmady O, Khaled HM, Elmazar MM, Hassen Z. Serum VEGF₁₆₅ and HGF in Egyptian Patients with Lung and Pleural Cancers. *IJAPBC* 2014, 3(4): 1048-1059.
3. Sung JFC, Lin RS, PU Y-S, Chen Y-C, Chang HC, Lai M-K. Risk factors for prostate carcinoma in Taiwan: A case-control study in a Chinese population. *Cancer* 1999, 86 (3): 484-491.
4. Macfarlane MT. (Eds.) *Urology* (2nd edition, Middle East edition). Williams & Wilkins, 428 East Preston Street, Baltimore, Maryland 21202, USA, 1995, pp 161-168.
5. Armenian NK, Lilienfield AM, Diamond EL. Relation between benign prostatic hyperplasia and cancer of the Prostate: A prospective and retrospective study. *Lancet* 1974, 2: 115-117.
6. Ibrahim AS, Khaled HM, Mikhail NN, Baraka H, Kamel H. Cancer incidence in Egypt: results of the national population based cancer registry program. *J Cancer Epidemiol* 2014, 2014: 43797.
7. Groche D, Trebo R., Peters I, Pfliederer P. Automated Cobas Core PSA Assays: sensitive, precise, and specific measurement of PSA-total and PSA-total/ PSA-free ratio. *Anticancer Res* 1999, 4A (19): 276-2770. Proceeding of the 9th Hamburg, Germany. Special issue edited by Klapdor, R.
8. Wang TY, Loor RM. Testosterone-activated RNA synthesis in isolated prostate nuclei. *J Steroid Biochem* 1979, 10(3): 299-304.
9. Wang TY, Kawagushi TP. Preliminary evaluation of measurement of serum prostate-

- specific antigen level in detection of prostate cancer. *Ann Clin Lab Sci* 1986, 16(6): 461-466.
10. D'Amico AV, Whittington R, Malkowicz B, Schnall M, Schultz D, Cote K, Tomaszewski JE, Wein A. Endorectal magnetic resonance imaging as a predictor of biochemical outcome after radical prostatectomy in men with clinically localized prostate cancer. *J Urol* 2000, 164(3): 759-763.
 11. Christensson A, Lilja H. Complex formation between protein C inhibitor and prostate-specific antigen in vitro and in human semen. *Eur J Biochem* 1994, 220(1): 45-53.
 12. Wood WG, Sloot E.V-D, Bohle A. The establishment and evaluation of luminescent-labeled immuno-metric assays for prostate-specific antigen-alpha-1-antichymotrypsin 26 complexes in serum. *Eur J Clin Chem Clin Biochem* 1991; 29(12): 787-794.
 13. Kalifa A, Abadeer NA, Mady EA, Kamal A. Evaluation of the clinical utility of tumor markers in hepatocellular carcinoma. Msc. Thesis Biochem. Dept., Fac. Science, Helwan Univ. 1998: 68-75.
 14. Bennink R, Van Poppel H, Billen J, Decoster M, Baert L, Mortelmans L, Blanckaert N. Serum Tissue Polypeptide Antigen: Monoclonal or Polyclonal Radio-Immuno-metric Assay for the Follow-up of Bladder Cancer. *Anticancer Res* 1999, (19) 4A: 2609-2614. Proceeding of the 9th Hamburg, Germany. Special issue edited by Klapdor, R.
 15. El-Ahmady O, Halim A-B, Mansour O, Salman T. The clinical value of tissue polypeptide antigen for cancer patients: Egyptian experiences, In: Klapdor, R. (Eds.): Tumor associated antigens, oncogenes, receptors, cytokines in tumor diagnosis and therapy at the beginning of the nineties. Cancer of the breast-state and trends in diagnosis and therapy. W. Zuckschwerdt Verlag München, Bern Wien. New York. 6th symposium of tumor markers Hamburg, 1992: 162-168.
 16. Oehr P, Vogel J, Kramer M. The diagnostic significance of histological and serological tracing of TPA in cancer patients (Germany). *Arzl Lab* 1986, 32: 166-172.
 17. Eble JN, Sauter G, Epstein JI and Sesterhenn IA. (Eds.) Pathology and Genetics of Tumours of the Urinary System and Male Genital Organs, World Health Organization Classification of Tumours. International Agency for Research on Cancer, (IARC). IARC Press Lyon, 2004, chapter 3: 160-215. ISBN 9283 224159
 18. Junker R, Brandt B, Semjonow A, Erren M, Zechel C, Assmann G. The biologic lower detection limit of six ultrasensitive PSA assays. *Anticancer Res* 1999;19(4A):2625-2628. Proceeding of the 9th Hamburg, Germany. Special issue edited by Klapdor, R.
 19. Akdas A, Cevik I, Tarcan T, Turkeri L, Dalaman G, Emerk K. The role of free PSA in the diagnosis of prostate cancer. *Br J Urol* 1997, 79: 920 – 923.
 20. Sundstörn BE, Stigbrand TI. Two-site enzyme linked immunosorbent assay for cytokeratin 8. *Int J Cancer* 1990, 46(4): 411-419.
 21. Reed R, Holmes D, Weyers J and Jones A (Edts.) Choosing and using statistical tests, in: Practical skills in biomolecular sciences, 2nd ed., Pearson Education 2003, UK: 485.
 22. Oesterling JE, Jacobsen SJ, Chute CG, Guess HA, Girman CI, Panser LA, Lieber MM. Serum prostate-specific antigen in a community-based population of healthy men: establishment of age-specific reference ranges. *JAMA* 1993, 270(7): 860- 864.
 23. Semjonow A, Albrecht W, Bialk P, Gerl A, Lamerz R, Schmid H-P, Van Poppel H. Tumor markers in prostate cancer: EGTM Recommendations. *Anticancer Res* 1999, (19) 4A: 2785-2802. Proceeding of the 9th Hamburg, Germany. Special issue edited by Klapdor, R.
 24. Chadha KC, Miller A, Nair BB, Schwartz SA, Trump DL, Underwood W. New serum biomarkers for prostate cancer diagnosis. *Clin Cancer Investig J.* 2014, 3(1):72-79.
 25. Oesterling JE. Prostate-specific antigen: a critical assessment of the most useful tumor marker for adenocarcinoma of the prostate. *J Urol* 1991, 145(5): 907-923.
 26. Haese A, Huland E, Graefen M, Huland H. Supersensitive PSA-Analysis after radical prostatectomy: A powerful tool to reduce the time gap between surgery and evidence of biochemical failure. *Anticancer Res* 1999, (19) 4A: 2641-2644. Proceeding of the 9th Hamburg, Germany. Special issue edited by Klapdor, R.
 27. Serel, TA, Çetin M, Delibas N, Çelik E, Tahoglu M. Effect of transrectal ultrasonography of the prostate on serum prostate-specific antigen levels and free total prostate-specific antigen ratio. *Urol Clin North America* 2000, 64.
 28. Prestigiacomo AF, Lilja H, Pettersson K, Potts JM. Prospective identification of national institute of health category IV prostatitis in men with elevated prostate-specific antigen. *J Urol* 2000, 164(5): 1550-1553.
 29. Wolff JM, Borchers H, Rohde D, Jakse G. Age related changes of free and total prostate specific antigen in serum. *Anticancer Res* 1999, (19) 4A: 2629-2632. Proceeding of the 9th Hamburg, Germany. Special issue edited by Klapdor, R.

30. Pannek J., Rittenhouse HG, Chan DW, Epstein JI, Walsh PC, Partin AW. The use of percent free prostate specific antigen for staging clinically localized prostate cancer. *J Urol* 1998, 159(4): 1238-1242.
31. Partin AW, Carter HB. The use of prostate-specific antigen and free-to-total prostate-specific antigen in the diagnosis of with localized prostate cancer. *Urol Clin North America* 1996, 23 (4): 531-540.
32. Stamey TA, Yang N., Hay AR. Prostate-specific antigen as a serum marker for adenocarcinoma of the Prostate. *N Engl J Med* 1987, 317(15): 909-916.
33. Christensson A, Bajörk T, Nilsson O, Dahlen U, Matikainen M, Cockett A, Abrahamson P, Lilja H. Serum prostate-specific antigen complexed to 1-antichymotrypsin as an indicator of prostate cancer. *J Urol* 1993, 150(1): 100-105.
34. Partin AW, Catalona WJ, Southwick PC, Subong EN, Gasior GH, Chan DW. Analysis of percent free-to-total prostate-specific antigen for prostate cancer detection: influence of total prostate-specific antigen prostate volume and age. *Urol* 1996, 4 (6A): 55-61.
35. Luderer AA, Chen Y, Soriano TF, Kramp WJ, Carlson O, Cuny C, Sharp T, Smith W, Petteway J, Brawer MK. Measurement of the proportion of free to total prostate specific antigen improves diagnostic performance of prostate specific antigen in the diagnostic gray zone of total prostate specific antigen. *Urol* 1995, 46(2): 187-194.
36. Bangma CH, Rietbergen JBW, Kranse R, Blijenberg BG., Petterson K, Schröder FH. The free to total prostate specific antigen ratio improves the specificity of PSA in screening for prostate cancer in general population. *J Urol* 1997, 157(6): 2191-2196.
37. Morote J, Raventós CX, Lorente JA, Lopez-pacios G, Encabo MA, De Torres I. Comparison of percent free prostate specific antigen and prostate specific antigen density as methods to enhance prostate specific antigen specificity in early prostate cancer detection in men with normal rectal examination and prostate specific antigen between 4.1 and 10 ng/ml. *J Urol* 1997, 158(2): 502-504.
38. Southwick PC, Catalona WJ, Partin AW, Slawin KM, Brawer MK, Flanigan RC, Patel A, Rjchie JP, Walsh PC, Scardino PT, Lange PH, Gasior GH, Parson RE, Loveland KG. Prediction of post radical prostatectomy, outcome for stage T1C prostate specific antigen with percent free prostate specific antigen: A prospective multicenter clinical trial. *J Urol* 1999, 162(4): 1346-1351.
39. Jung K, Meyer A, Lein M, Rudolph B, Schnorr D, Loening SA. Ratio of free to total prostate-specific antigen in serum cannot distinguish patients with prostate cancer from those with chronic inflammation of the prostate. *J Urol* 1998, 159(5): 1595-1598.
40. Thomas J, Maatman DO. Comparative analysis of fluctuation of serum tumor markers in advanced cancer of the prostate. *Urol* 1993, 42 (2): 672-676.
41. Thun MJ and Jemal A. Cancer Epidemiology, Section IV, Part II Scientific Foundation in: (Edts.) Cancer Medicine 2003, 6th ed., Kufe D.W., Pollock R.E., Weichselbaum RR, Bast RC, Gansler JrTS, Holland JF and Frei III E. Hamilton, BC Decker Inc. Canada. <http://www.ncbi.nlm.nih.gov/books/bv.fcgi?rid=cmed6.TOC>.
42. Grönberg H, Wiklund F, Damber J-E. Age specific risks of familial prostate carcinoma. *Cancer* 1999, 86 (3): 477-483.
43. Wang GW, Shen DH. Age correlates with Gleason score in patients with prostate adenocarcinoma. *Zhonghua Nan Ke Xue* 2015, 21 (2):140-3.
44. Dalkin BL, Ahmann FR, Kopp JB. Prostate-specific antigen in men older than 50 years without clinical evidence of prostatic carcinoma. *J Urol* 1993, 150(6): 1837-1839.
45. Robles JM, Morell AR, Redorta JP. Clinical behavior of prostate-specific antigen and prostatic acid phosphatase: A comparative study. *Eur Urol* 1988, 14(5): 360-366.
46. Arcangeli CC, Ornstein DK, Keetch DW, Andriole GL. PSA as a screening test for prostate cancer: The United States experience. *Urol Clinics North America* 1997, 24 (2): 299-306.
47. Babaian RJ, Kojima M, Ramirez EI, Johnston D. Comparative analysis of PSA and its indexes in the detection of prostate cancer. *J Urol* 1996, 156(2):432-437.
48. Rietbergen JBW, Kranse R, Kirkels WJ, De Koning HJ, Schroder FH. Evaluation of prostate-specific antigen, digital rectal examination and transrectal ultrasonography in population-based screening for prostate cancer: Improving the efficiency of early detection *Br J Urol* 1997, 79 suppl (1): 57-63.
49. Chen Y-T, Luderer AA, Thiel RP, Carlson G, Cuny CL, Soriano TF. Using proportions of free prostate-specific antigen, age, and total prostate-specific antigen to predict the probability of prostate cancer. *Urol* 1996, 47(4): 518-524.
50. Catalona WJ, Smith DS, Wolfert RL, Wang TJ, Rittenhouse HG, Ratliff TL, Nadler RB. Evaluation of percentage of free serum prostate antigen to improve specificity of prostate cancer screening. *JAMA* 1995, 274(15): 1214-1220.

51. Wolff JM, Borchers H, Effert PJ, Habib FK, Jakse G. Free to total prostate specific antigen serum concentrations in patients with prostate cancer and benign prostatic hyperplasia. *Br J Urol* 1996, 78(3): 409-413.
52. Recker F, Kwiatkwaszki MK, Phronen T, Pettersson K, Lüonen G, Wernli M, Wiefelsputz J, Graber SF, Goepel M, Huber A, Tscholl R. The importance of human glandular kallikrein and its correlation with different prostate specific antigen serum forms in the detection of prostate carcinoma. *Cancer* 1998, 83(12): 2540-2547.
53. Noldus J, Graefen M, Huland E, Busch C, Hammerer P, Huland H. The value of the ratio of percent free-to-total prostate specific antigen for staging purpose of previously untreated with prostate cancer. *J Urol* 1998, 159(6): 2004-2008.